



Special Considerations for Isolation, Quarantine and Social Distancing

Isolation, quarantine, and social distancing are public health containment measures designed to reduce the spread of highly infectious diseases. Isolation refers to separating people inflicted with a contagious disease from uninfected populations. Quarantine refers to separating and restricting the movement of those who may have been exposed to a contagious disease but are not known to be sick. Social and personal distancing refers to community-level efforts to restrict when and where people gather, and establish a minimum distance between individuals. Examples include closing schools, shortening market days, or postponing church events or planned festivals.

CHECKLIST

Determining whether to issue an isolation, quarantine or social distancing directive*

	I	Q	S
Disease causes severe illness or has a high risk of death	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Disease is relatively easily transmitted by touch, air, or fecal-oral route	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Response workers are prepared to minimize and mitigate stigma	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
There is a legitimate authority trained to enforce the directives equitably	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
The burden of the restrictive measure will be distributed equitably within and among communities	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Alternative, less restrictive measures would be insufficient to limit transmission	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
There is a relatively short period of pre-symptomatic transmission	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>
Timely, adequate levels of food, water, and basic material supplies can be provided to individuals and households	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>
Effects of restrictive measures on material resources and income can be compensated	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>
Disease has clearly detectible symptoms of infection	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Closure of proposed public space will result in minimizing gatherings of people, rather than cause individuals to gather in alternate places	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>
Benchmarks for re-opening public spaces and ending social distancing measures are identified	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>